



WELCOME TO CAPE TOWN

Opening doors to a world of fascination.

Framed by Table Mountain, the Atlantic horizon and the city's vibrant pulse, InterContinental® Table Bay Cape Town invites guests to celebrate life through moments that linger and stories that last a lifetime.



INTERCONTINENTAL.
TABLE BAY CAPE TOWN

DISCOVER WHERE EXTRAORDINARY UNFOLDS

InterContinental® Table Bay Cape Town is your gateway to everything that the Mother City has to offer, from her most iconic location. Our Concierge will help you connect to the city's spirit with rare access to natural wonders, eclectic culture, unmissable restaurants and authentic experiences.

HOTEL FACILITIES

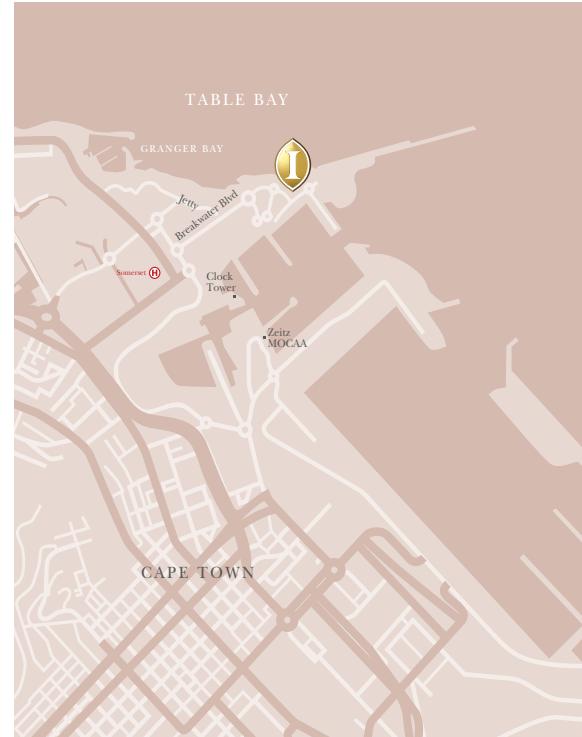
- Four distinct dining experiences:
 - Le Bistrot de JAN
 - Signature restaurant Flint & Fennel
 - The Botanist's Table Lounge & Bar
 - Solandra Pooldeck
- Club InterContinental® with panoramic harbour views
- SPA InterContinental® and state-of-the-art Fitness Studio
- Planet Trekkers Kids' Club
- Versatile Meeting & Events venues



GETTING HERE

InterContinental® Table Bay Cape Town is conveniently located only 25 minutes away from Cape Town International Airport by road. Guests can dock directly at Quay 6 of the Victoria Basin, offering private Marina access to the hotel. A helipad is also available nearby for added convenience.

InterContinental Table Bay Cape Town
Quay 6, Breakwater Boulevard,
V&A Waterfront, Cape Town, 8001, South Africa
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InterContinental.com/tblbaycapetown





GUEST ROOMS AND SUITES

InterContinental® Table Bay Cape Town captures the spirit of the Cape through carefully considered spaces and quiet sophistication. With 306 rooms and suites, each ranging from 37 to 193 square meters, the hotel offers a harmonious blend of intimacy and grandeur. Our guest rooms and suites frame the city's wonders: the timeless presence of Table Mountain, the endless blue of the Atlantic and the vibrant energy of the V&A Waterfront.

Each room and suite exudes plush intimacy and refined comfort while our Presidential and Superior Suites imbue a sense of majesty. Each interior is shaped by a balance of serenity, refinement and warmth.

THE ESSENTIALS

306 rooms and suites
Luxury amenities
Complimentary Wi-Fi
Interleading rooms are available

GUEST ROOM AND SUITE COLLECTION

Room type	Room count	Square meterage	Bed type
King Classic	75	38	King
King Classic Table Mountain View	51	37-47	King
King Classic Club	6	38	King
Twin Classic	22	38	Twin
Twin Classic Table Mountain View	49	38	Twin
Twin Classic Club Table Mountain View	2	38	Twin
Twin Classic Accessible	4	38	Twin
Queen Premium	35	44-52	2x Queen
Queen Premium Table Mountain View	8	46	2x Queen
Queen Premium Table Mountain View Balcony	11	44	2x Queen
Queen Premium Club	3	45-52	2x Queen
King Junior Suite	2	51	King
One-Bedroom Suite	12	64-77	King
One-Bedroom Suite Table Mountain View	16	58-77	King
One-Bedroom Suite Table Mountain View Balcony	8	58-77	King
Lions Head Suite	1	117	Super King
Table Mountain Suite	1	193	Super King
Total	306		

CLUB INTERCONTINENTAL®

Within InterContinental® Table Bay Cape Town, Club InterContinental® offers a sanctuary of exclusivity. A private space where breakfast, canapes and cocktails unfold alongside the day and against sweeping views of the working harbour from its prime, elevated location on the 6th floor. Every detail is inspired by Cape Town culture and character, with signature craftsmanship, generosity and a sense of place. Paired with our elegant premium rooms and suites, this refined retreat reflects the signature warmth and worldliness that define Club InterContinental® experiences across the globe.

NARRATIVES OF TASTE

Dining at InterContinental® Table Bay is a sensory journey inspired by the Cape, where, culinary artistry meets cultural storytelling.

Le Bistrot de JAN

From the mind of Michelin-starred chef Jan Hendrik van der Westhuizen, Le Bistrot de JAN reimagines classic French dining through a Cape lens; effortlessly grand and timelessly theatrical. Step into bespoke activations hosted in the restaurant's distinct cheese room. Here nostalgia meets innovation and every course celebrates life's beauty.

Flint & Fennel

At the heart of InterContinental® Table Bay Cape Town, Flint & Fennel, our Signature restaurant, brings warmth and refinement to every table. This all-day dining restaurant is an ode to curiosity with pioneering breakfasts, inspiring high-teas and captivating dinners. Each dish is composed with intention, leaving guests with moments that linger.

The Botanist's Table

In the hotel lobby, The Botanist's Table distils the essence of the Cape into every pour. Expert infusions and fynbos flavours are blended with a curated library of award-winning artisanal gins. The lounge invites discovery with carefully selected local wines, international spirits and chilled craft beers.

Solandra

Our elevated, high-energy pool deck expertly blends taste and vitality. By day the pool deck is a sunlit sanctuary and by dusk it transforms into a celebration of Cape evenings. Classic cocktails, sundowner culture and an Italian flair in the form of sourdough pizza and gelato wait for guests with views of the Atlantic.



WELLNESS & SPA

SPA InterContinental®

Inspired by Cape Town's elemental beauty, SPA InterContinental® is a haven of restoration. Simplicity, connection and mindful living converge to craft a restorative, minimal philosophy. Our signature rituals promote relaxation, energy and balance to inspire wellbeing. Massages, facials and hammam rituals designed to rejuvenate both body and mind can also be found at SPA InterContinental®.

Fitness Studio

Overlooking Table Mountain, our Fitness Studio transforms movement into mindfulness. Each workout is grounded in presence and perspective with views of the surrounding natural wonders. State-of-the-art equipment supports strength and endurance while Cape stillness offers balance and clarity.





MEETINGS AND EVENTS

For intimate board meetings or grand celebrations, our versatile venues can host up to 260 guests. Attentive engagement, cultural nuance and seamless execution come together to craft curated experiences for our guests.

