

HEALTHY LIFE CENTER

ONYX SPA CENTER

Pool	Content and Temperature	Area	Square Meters
Outdoor Mixed Thermal Pool	Thermal Water 38-42°	Garden	110 m ²
Outdoor Kids Thermal Water Pool	Thermal Water 34°	Garden	10 m ²
Indoor Mixed Swimming Pool	Fresh Water 25-28°	SPA-Mixed	317 m ²
Indoor Women's Swimming Pool	Fresh Water 25-28°	SPA	90 m ²
Adventure Cave Fresh Water for Kids	Thermal Water 34°	SPA-Mixed	23,6 m ²
Indoor Women's Thermal Pool with Jacuzzi	Thermal Water 38-42°	SPA	30 m ²
Man Thermal Pool	Thermal Water 38-42°	SPA	46 m ²
Man Thermal Pool with Jacuzzi	Thermal Water 38-42°	SPA	30 m ²
Ladies Turkish Bath, Sauna		SPA	
Man Sauna, Steam Room, Turkish Bath		SPA	
Mixed Turkish bath,steam room,sauna			
Private family baths	Paid	SPA	
Fitness	Mixed	Fitness Center	
Massage, Doctor Fish, Skin Care, Body Care, Herbal Baths, Scrub and Foam	Paid	SPA	
ONYX SPA CENTER		SPA Center; It serves for 12 months between 08:00-22:00	

BENEFITS OF THERMAL WATER

In our beautiful city, Afyonkarahisar, which has the title of "Thermal Tourism Capital", where thousands of people come every year for the purpose of healing, healthy living, meeting and vacation; Wyndham Afyonkarahisar Thermal & Spa, which has been carefully designed by taking into account the tastes and expectations of the guests experienced in the thermal hotels during the project and design phase, is home to experiences that will be remembered for a lifetime with our professional team and our elegant presentations. we host.

- ❖ The fact that water has a neutral value increases the effect we will get.
- ❖ The high pH value of Afyon thermal water has a moisturizing and vigorous effect on the body.
- ❖ The humid and steamy air that emerges in the environment where thermal water is present has a positive effect on upper respiratory tract diseases.
- ❖ Afyon thermal water gives positive results in rheumatic diseases and circulatory system diseases.
- ❖ It provides treatment for diseases such as gynecological diseases, nephritis, neuralgia, allergies and skin disorders.
- ❖ The carbon dioxide in Afyon thermal water has the effect of regulating blood flow.
- ❖ Afyon thermal waters in the field of skin diseases; It has a helpful effect on many diseases such as eczema, acne and neurodermia.
- ❖ Afyon thermal waters are used as a treatment for musculoskeletal problems.
- ❖ It is recommended for many health problems such as joint pain, arthritis, soft tissue rheumatism, inflammatory rheumatism, rheumatoid arthritis and traumas after orthopedic treatments.
- ❖ The sodium, hydrogen sulfide and bicarbonate components in it provide a positive effect.
- ❖ Thermal pool temperature is 38-42 °C
- ❖ It is not suitable for children under 6 years old. It is suitable for children to use the pool under family supervision.
- ❖ Male children aged 5 and over are not allowed in the Ladies Spa centre.
- ❖ Bonnets are mandatory in thermal areas.
- ❖ All our guests must comply with the rules of use of the slides.

CATIONS	UNIT	mEg/L
SODIUM	mg/L	60,609
POTASIUUM	mg/L	3,000
IRON	mg/L	0,010
CALCIUM	mg/L	7,800
MAGNESIUM	mg/L	1,250
ANIONS		
FLUORIDE	mg/L	0,132
BROMIDE	mg/L	0,006
CHLORIDE	mg/L	52,704
BICARBONATE	mg/L	16,590
SULFATE	mg/L	12,063
NITRATE	mg/L	0,253